



2010 February 12 SPOT

Middle School Lunch Program

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	Grilled Cheese Sandwich w/ Tomato Soup Carrots Apple Slices Choice of Milk	2	Rotini w/ Meat Sauce & Dinner Roll Peas Pears Choice of Milk	3	BBQ Pork Sandwich Green Beans Orange Wedges Choice of Milk	4	Southwest Turkey Wrap Corn Mixed Fruit Choice of Milk	5	Breakfast for Lunch Egg & Ham Wrap Tater Tots Cinnamon Apples Choice of Milk
8	Shredded Pork Burrito Tater Tots Peas Mandarin Oranges Choice of Milk	9	Pizza Max Sticks w/ Tomato Sauce Green Beans Apple Slices Choice of Milk	10	Chicken & Cheese Quesadilla Corn Pears Choice of Milk	11	Baked Ziti w/ Garlic Bread Broccoli Peaches Choice of Milk	12	Hot & Spicy Chicken w/ Dinner Roll Celery & Carrot Sticks Cinnamon Apples Choice of Milk
Minis Week (small bites, big flavor) (Feb 15th – 19th)									
15	Presidents Day All Schools Closed	16	Taco Salad w/ Tortilla Chips Dinner Roll Carrots Mandarin Oranges Choice of Milk	17	Mini BBQ Pork Slider Sandwiches Tater Tots Corn Pears Choice of Milk	18	Tuna Salad w/ Pita Pocket Wedges Tossed Salad Apple Slices Choice of Milk	19	Pizza Burgers Green Beans Peaches Choice of Milk
22	Chicken Parm Sandwich Tater Tots Peas Mandarin Oranges Choice of Milk	23	Sloppy Joe Sandwich Broccoli Peaches Choice of Milk	24	Hot Turkey Sandwich w/ Gravy Whipped Potatoes Corn Whole Fruit Choice of Milk	25	Southwest Turkey Wrap Carrots Mixed Fruit Choice of Milk	26	Breakfast for Lunch Egg & Ham Wrap Tater Tots Cinnamon Apples Choice of Milk
1	Grilled Cheese Sandwich w/ Tomato Soup Broccoli Apple Slices Choice of Milk	2	Meatloaf w/ Gravy Corn Mixed Fruit Choice of Milk	3	BBQ Pork Sandwich Green Beans Orange Wedges Choice of Milk	4	Spaghetti w/ Marina Sauce & Garlic Bread Peas Apple Slices Choice of Milk	5	Hot & Spicy Chicken w/ Dinner Roll Celery & Carrot Sticks Peaches Choice of Milk

Special News...

Daily 2nd Choices:
 Pizza,
 Chicken
 Nuggets or
 Chicken
 Tenders, Chef
 Salad w/ Roll
 or Tossed
 Salad w/
 Cheese &
 Roll, and Daily
 Specials.

Choice of Milk: Low-fat
 White, Low-fat
 Flavored or
 Whole

Lunch Price
 MS - \$1.90

Menus are subject to change without notice.